Update on the Short Form of the Working Alliance Inventory.

The "K" Short form of the WAI (WAI_{sk}) posted is based on a factor-analytic study by Kokotovic & Tracy (1990). I have subsequently re-balanced their suggested short form to include equal number (4) of items from each of the original Bond, Task and Goal scales.

More recently Drs. R.L. Hatcher and A. Gillaspy have done some research on the WAI utilizing a much larger data base than the Kokotowitz & Tracy sample, and have used more sophisticated statistical procedures, to derive a parsimonious subset of the full scale WAI instrument that not only closely parallels the total alliance level obtained with the regular WAI, but also closely reflect the scores on the three (Bond, Goal Tack) subscales. As a result of their work, they developed a new Short Form of the WAI. The resulting instrument appear to have far superior psychometric properties compared to the older “s” version. As a professional courtesy Dr. Hatcher has permitted me to mount a copy of their revised short (12 items) version of the WAI.

Based on their studies, I would recommend that researchers seriously consider using this instrument if a briefer assessment tool is required. If you have any questions about the Hatcher-Gillaspy Short Form of the WAI, please communicate directly with Dr. Hatcher at: "Robert L. Hatcher" <robhatch@umich.edu>.