

## Spanish Adaptation of The Working Alliance Inventory (WAI)

### Clinical Study

Sample:  $N=36$  dyads (36 patients; 21 therapists)

### Results of Reliability of WAI Short

Table 5.7

*Means, SD and reliability (internal consistency after the 3<sup>th</sup> session of psychotherapy) of the short versions of the Spanish Adaptation of The Working Alliance Inventory (36 ratings)*

	WAI-Short-P				WAI-Short-T		
	<i>M</i>	<i>SD</i>	$\alpha$		<i>M</i>	<i>SD</i>	$\alpha$
Bond	24,03	4,22	0,86	Bond	23,06	3,19	0,75
Goal	24,31	4,09	0,80	Goal	21,67	4,10	0,87
Task	23,08	4,54	0,84	Task	20,64	3,72	0,89
Total	71,42	11,87	0,93	Total	65,36	10,23	0,94

Table 5.9

*Reliability (temporal stability between 3<sup>th</sup> - 10<sup>th</sup> session of psychotherapy) of the short patient version of the Spanish Adaptation of The Working Alliance Inventory*

WAI-Short-P (3 <sup>th</sup> ; 36 ratings)				
WAI-Short-P (10 <sup>th</sup> ; 30 ratings)	Bond	Goal	Task	Total
Bond	0,74**			
Goal		0,88**		
Task			0,57**	
Total				0,77**

Note. \*\*  $p < 0,01$ .

Table 5.10

*Reliability (temporal stability between 3<sup>th</sup> - 10<sup>th</sup> session of psychotherapy) of the short therapist version of the Spanish Adaptation of The Working Alliance Inventory*

WAI-Short-T (3 <sup>th</sup> ; 36 ratings)				
WAI-Short-T (10 <sup>th</sup> ; 30 ratings)	Bond	Goal	Task	Total
Bond	0,88**			
Goal		0,75**		
Task			0,62**	
Total				0,83**

Note. \*\*  $p < 0,01$ .