Working Alliance Inventory – Short Revised – Therapist Version (WAI-SR-T)

Instructions: Below are sentences that describe some of the different ways a person might think or feel about his or her client.

As you read the sentences mentally insert the name of your client in place of ___in the text.

If the statement describes the way you always feel (or think) circle the number 5; if it seldom applies to you circle the number 1. Use the numbers in between to describe the variations between these extremes.

1. As a result of these sessions___ is clearer as to how he/she might be able to change.

①	②	③	④	⑤
Seldom	Sometimes	Fairly Often	Very Often	Always

2. ___ and I both feel confident about the usefulness of our current activity in therapy.

①	②	③	④	⑤
Seldom	Sometimes	Fairly Often	Very Often	Always

3. I believe___likes me.

①	②	③	④	⑤
Seldom	Sometimes	Fairly Often	Very Often	Always

4. ___and I have collaborated on setting goals for these sessions.

①	②	③	④	⑤
Seldom	Sometimes	Fairly Often	Very Often	Always

5. ___and I respect each other.

①	②	③	④	⑤
Seldom	Sometimes	Fairly Often	Very Often	Always

6. We are working towards mutually agreed upon goals.

①	②	③	④	⑤
Seldom	Sometimes	Fairly Often	Very Often	Always

7. I appreciate ___ as a person.

①	②	③	④	⑤
Seldom	Sometimes	Fairly Often	Very Often	Always

8. We agree on what is important for___to work on.

①	②	③	④	⑤
Seldom	Sometimes	Fairly Often	Very Often	Always

9. I respect___ even when he/she does things I do not approve of.

①	②	③	④	⑤

Seldom   Sometimes   Fairly Often   Very Often   Always

10. I feel confident that the things we do in therapy will help ___ to accomplish the changes that he/she desires..

     ①   ②   ③   ④   ⑤

Seldom   Sometimes   Fairly Often   Very Often   Always

11. We have established a good understanding of the kind of changes that would be good for ___.

     ①   ②   ③   ④   ⑤

Seldom   Sometimes   Fairly Often   Very Often   Always

12. ___believes that the way we are working with his/her problems is correct.

     ①   ②   ③   ④   ⑤

Seldom   Sometimes   Fairly Often   Very Often   Always

Scoring Goals = 1(G25), 4(G30), 6(G22), 11(G32); Tasks = 2(T4), 8(T24), 10(T16),12(T35); Bonds = 3(B8), 5(B9), 7(B23), 9(B36). No item reversals.